

BETTER BODIES CHALLENGE 2016

March 3rd. Folkets Hus, Stockholm. Organizer: Team Powerlifting
Approved by the Swedish Bodybuilding and Fitness Federation



OFFICIAL CONTEST RESULTS

MEN'S PHYSIQUE BEGINNERS

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	4	Ilija Aritonovic	MM Sports Team	8	6	6
2	2	Patrik Antonsson	Team Proteinbutiken	9	11	11
3	9	Rasmus Sjöberg-Madsen	Team In Shape	17	16	16
4	99	Amar Almousawa	Boxen Umeå	20	17	17
5	3	David Martini Calmén	Team Swedish Supplements	23	26	26
6	8	Michael Paredes	All in Gym Fitness	34	28	28
7	5	Carl Jansson	Team In Shape	34		34
8	7	Ahmed Abdelhafez	Team Elit Nutrition	37		37

BIKINI FITNESS BEGINNERS UP TO 166 CM

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	20	Therese Fagerlönn	Team Boxen Umeå	5	5	5
2	14	Nadezda Melnikova	Team AthleteWorld	15	12	12
3	11	Helena Tzimourtas	Team Chamoun	12	13	13
4	13	Malin Zuber Jansson	AL Coaching	18	21	21
5	10	Vanessa Kasumovic	MM Sports Team	27	24	24
6	31	Penelope Formisto	Vegan Fitness Team	29	30	30
7	25	Emelie Sandberg	Team Acctive	37		37
8	29	Malin Lamberg	Team Chamoun	38		38

BIKINI FITNESS BEGINNERS OVER 166 CM

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	12	Lisa Gustafsson	MM Sports Team	8	8	8
2	30	Anna Abarca	TC Strong by Sweden	13	9	9
3	17	Lina Ohlsson	Team K.O. Store	13	14	14
4	28	Ia Jonsson	Team Edererathletes	17	18	18
5	15	Mikaela Leffler	Team Fit Your Body	22	23	23
6	21	Julia Lundgren	Team Iron Link	32	29	29
7	23	Emelie Hellberg	Team Rise Above	33		33
8	27	Cimone Eriksson	Team Edererathletes	40		40
9	18	Ebba Kardell	Team Top Fitness	45		45

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1	4	Ilija Aritonovic	MM Sports Team	8	6	6
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MEN'S PHYSIQUE MASTERS

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	34	Tuomas Viitala	Team Ironhouse		5	5
2	33	Mikael Ring	Team Edererathletes		10	10
3	32	Jan Linde	Team Ironsport		15	15

BIKINI FITNESS MASTERS

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	35	Julia Friberg	AL Coaching		8	8
2	37	Lotten Elming	Team Fairing		10	10
3	38	Lily Inan	Delta Gym		12	12
4	36	Malin Lamberg	Team Chamoun		20	20

BIKINI FITNESS JUNIORS

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	44	Anna Abarca	TC Strong by Sweden		5	5
2	40	Amanda Shehadeh-Karlsson	Team Rise Above		13	13
3	39	Mikaela Leffler	Team Fit Your Body		13	13
4	42	Julia Lundgren	Team Iron Link		19	19
5	43	Emelie Hellberg	Team Rise Above		24	24

BODY FITNESS UP TO 163 CM

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	53	Alexandra Ljung	MM Sports Team	6	5	5
2	47	Josefine Malmgren	MM Sports Team	9	10	10
3	51	Hanna Wetterlund	Team JF Athletes	15	15	15
4	50	Jonna Nilsson	Team Athletic Store	22	21	21
5	49	Anna Nyhlén	Team Gymgrossisten Butik	23	24	24
6	48	Sandra Boss	Team Steel Nutrition	30	30	30
7	52	Katharina Schmitterlöw	Gnesta Gym	35		35

BODY FITNESS OVER 163 CM

PLACE	NO	NAME	CLUB	R1	R2		SCORE
1	57	Ingrid Johansson	Team In Shape		6		6
2	55	Emma Gustafson	Team Gumse Gym		9		9
3	58	Johanna Nelledav	Team Get Prepared		18		18
4	54	Jenny Gille	Svenskt Kosttillskott		19		19
5	56	Lena Tagesdotter Geidenstam	Delta Gym		23		23

CLASSIC BODYBUILDING UP TO 180 CM

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	112	Irfan Kozica	Team Elit Nutrition		12	6	18
2	111	Jonathan Hast	Team Proteinbutiken		18	9	27
3	113	Marcus Örtengren	Team Edererathletes		30	15	45

CLASSIC BODYBUILDING OVER 180 CM

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	61	Henrik Kjellsson	Team Ironhouse		10	5	15
2	62	Jacob Bergfriedt Andersson	TC Strong by Sweden		24	10	34
3	59	Johannes André	Team Edererathletes		32	18	50
4	60	Andreas Lindgren	Team Ironsport		34	16	50

WOMEN'S PHYSIQUE

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	110	Alexa Levevik	Team Gumse Gym		14	5	19
2	107	Susanne Rydmyr	Team Shapesgym		16	10	26
3	106	Camilla Hasselkvist Niemelä	Team Ironsport		30	16	46
4	108	Jessica Bergenström Karlsson	MM Sports Team		40	19	59

BODYBUILDING UP TO 80 KG

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	64	Mats Ljung	MM Sports Team		10	5	15
2	66	Christos Gotevas	Team Gumse Gym		20	10	30
3	65	Alexander Nilsson	Team Gymgrossisten Butik		30	15	45
4	68	Kostas Magakis	Team Edererathletes		40	20	60

BODYBUILDING OVER 80 KG

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	67	Abbe Benaouda	Nordic Shape		14	7	21
2	73	Jonathan Fogelberg	Team JF Athletes		16	8	24
3	71	Henric Ask	Lessebo Styrkeklubb		32	17	49
4	70	Jimmy Olsson	Växer Gym		36	17	53
5	69	Dick Ivars	Team Bjurhovda Atletklubb		50	25	75

BIKINI FITNESS UP TO 166 CM

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	85	Sofia Törnblom	Team In Shape	10	10	10
2	77	Nadezda Melnikova	Team AthleteWorld	12	12	12
3	81	Helena Tzimourtas	Team Chamoun	14	14	14
4	82	Malin Bergström	MM Sports Team	14	14	14
5	79	Linda Colarte	MM Sports Team	27	25	25
6	78	Fabiola Bustos	Team Flex Sweden	32	30	30
7	84	Irene Irakozé	Team Ironsport	33		33
8	75	Emelie Sandberg	Team Active	38		38

BIKINI FITNESS OVER 166 CM

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	91	Julia Friberg	AL Coaching		5	5
2	88	Lotten Elming	Team Fairing		12	12
3	90	Lily Inan	Delta Gym		16	16
4	89	Suzan Andersson	Team In Shape		20	20
5	87	Ia Jonsson	Team Edererathletes		23	23
6	86	Ebba Kardell	Team Top Fitness		30	30

MEN'S PHYSIQUE UP TO 178 CM

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	100	Robin Olsson	Team Better Bodies		5	5
2	97	Tuomas Viitala	Team Ironhouse Gym		11	11
3	93	Leo Steen	Team Chamoun		14	14
DNC	95	Ahmed Abdelhafez	Team Elit Nutrition			

MEN'S PHYSIQUE OVER 178 CM

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	105	Kenneth Enoksson	Team Power Eskilstuna		9	9
2	102	Jonas Barkman	Team Tillskottsbolaget		10	10
3	114	Dusko Komso	Team Power Eskilstuna		14	14
4	101	Adam Mittjas	Team Krafta		18	18

*All ties are broken using the Relative Placement method.

Ties in the "Final Score" are broken using the athlete's Final Round score.