

RESULTS NORDIC CHAMPIONSHIPS 2016-10-22

Place: Estrad, Alingsås, Sweden.

Organizer: Workout Empire Söderhamn. Swedish Bodybuilding and Fitness Federation

Approved by the IFBB and the Nordic National Federations.

			Round 1		Round 2		TOTAL	
Women's Fitness			Free routine		Quarter turns			
No	Name	Club or country	Po	PI	Po	PI	Po	PI
130	Tina Larsen	NORWAY	5	1	5	1	10	1

			Round 1		Round 2		Round 3		TOTAL	
Women's Physique			Semifinal		Compulsory		Free posing		Total	Tot
No	Name	Club or country	Po	PI	Po	PI	Po	PI	points	plac
3	Semiran Dag	SWEDEN			20	1	9	1	29	1
1	Helle Larsen	DENMARK			24	2	11	2	35	2
5	Elisabeth Ramirez	SWEDEN			30	3	13	3	43	3
4	Trine Sakslund	NORWAY			30	4	19	4	49	4
2	Maja Stikbakke	NORWAY			50	5	25	5	75	5

			Round 1		Round 2		Round 3		TOTAL	
Classic Bodybuilding -180 cm			Semifinal		Compulsory		Free posing		Total	Tot
No	Name	Club or country	Po	PI	Po	PI	Po	PI	points	plac
7	Rickard Hagman	SWEDEN	6	1	12	1	7	1	19	1
8	Joar Fällmar	SWEDEN	15	3	28	2	8	2	36	2
10	Aimen Hayoun	SWEDEN	12	2	28	3	24	6	52	3
11	Åge Bunde	NORWAY	18	4	40	4	23	4	63	4
12	Jannick Sørensen	DENMARK	24	5	46	5	19	3	65	5
13	Simon Vistisen	DENMARK	26	6	52	6	24	5	76	6
9	Ómar Smári Óttarsson	ICELAND	NO SHOW							

			Round 1		Round 2		Round 3		TOTAL	
Classic Bodybuilding +180 cm			Semifinal		Compulsory		Free posing		Total	Tot
No	Name	Club or country	Po	PI	Po	PI	Po	PI	points	plac
20	Sam Mikaelsson	SWEDEN	6	1	12	1	5	1	17	1
21	Peter Hart	DENMARK	12	2	24	2	13	2	37	2
16	Jannick Flygenring	DENMARK	16	3	30	3	15	3	45	3
18	Zemmouri Driss	NORWAY	16	4	34	4	20	4	54	4
22	Viktor Mathisen	NORWAY	29	5	46	5	23	5	69	5
6	Ingi Sveinn Birgirsson	ICELAND	32	6	60	6	30	6	90	6
28	Dawson Hamilton	NORWAY	34	7						7
17	Toni Syrjänen	FINLAND	34	8						8
19	Olli Kiviniemi	FINLAND	46	9						9
14	Ants Varblane	ESTONIA	51	10						10
15	Tor-Erik Sivertsen	NORWAY	52	11						11

Classic Bodybuilding Overall			Po	PI
20	Sam Mikaelsson	SWEDEN	7	1
7	Rickard Hagman	SWEDEN	8	2

			Round 1		Round 2		Round 3		TOTAL	
			Semifinal		Compulsory		Free posing		Total	Tot
No	Name	Club or country	Po	Pl	Po	Pl	Po	Pl	points	plac
26	Thomas Beck	DENMARK			10	1	7	1	17	1
23	Robin Persson	SWEDEN			20	2	12	2	32	2
25	Patrik Kasra	SWEDEN			30	3	13	3	43	3
24	Reza Yasin	DENMARK			38	4	17	4	55	4
27	Firat Acik	NORWAY			50	5	25	5	75	5

			Round 1		Round 2		Round 3		TOTAL	
			Semifinal		Compulsory		Free posing		Total	Tot
No	Name	Club or country	Po	Pl	Po	Pl	Po	Pl	points	plac
34	Joel Pascua	NORWAY			20	1	8	1	28	1
29	Rasmus Kinly	DENMARK			20	3	10	2	30	2
31	Daniel Vestergaard	DENMARK			20	2	11	3	31	3
30	Marius Osmundsen	NORWAY			38	4	19	4	57	4

			Round 1		Round 2		Round 3		TOTAL	
			Semifinal		Compulsory		Free posing		Total	Tot
No	Name	Club or country	Po	Pl	Po	Pl	Po	Pl	points	plac
32	Dennis Jensen	DENMARK			10	1	6	1	16	1
33	Arne Lundell	SWEDEN			20	2	14	2	34	2
37	Lars Östling	SWEDEN			34	3	18	4	52	3
35	Arto Vainio	FINLAND			40	4	16	3	56	4
36	Dennis Johansson	SWEDEN			46	5	21	5	67	5

Bodybuilding Overall			Po	Pl
34	Joel Pascua	NORWAY	7	1
32	Dennis Jensen	DENMARK	12	2
26	Thomas Beck	DENMARK	12	3

Women's Bodyfitness -163 cm			Round 1		Round 2	
No	Name	Club or country	Po	Pl	Po	Pl
38	Ida Bergfoth	SWEDEN	10	2	8	1
45	Antonia Pesevski	SWEDEN	10	1	14	2
42	Arielle Baker	NORWAY	16	3	16	3
43	Sonja-Sofia Rannanjärvi	FINLAND	19	4	18	4
41	Nathalie Paulsen	DENMARK	23	5	23	5
44	Lill Nicolaisen	NORWAY	24	6	24	6
47	Meeri Mäenpää	FINLAND	39	7		7
39	Linn Røymstad	NORWAY	42	8		8
40	Maiju Minea Aalto	FINLAND	44	9		9
52	Sara Jensen	NORWAY	45	10		10

Women's Bodyfitness +163 cm

No	Name	Club or country	Round 1		Round 2	
			Po	PI	Po	PI
49	Rikke Mensel	DENMARK	8	2	9	1
55	Therese Berglund	SWEDEN	8	1	9	2
54	Jenny Söderström	SWEDEN	13	3	12	3
51	Sanna Kankaanranta	FINLAND	33	6	23	4
53	Gro Johansen	NORWAY	22	4	26	5
50	Kia Jønsson	DENMARK	25	5	27	6
58	Anna Clement	DENMARK	35	7		7
56	Sini Lehtonen	FINLAND	36	8		8
46	Harriet Lönnqvist	FINLAND	46	9		9
48	Kristine Olsen	DENMARK	51	10		10
61	Elise Murbræck	NORWAY	56	11		11
59	Liselotte Pedersen	NORWAY	56	12		12

Bodyfitness Overall

			Po	PI
49	Rikke Mensel	DENMARK	7	1
38	Ida Bergfoth	SWEDEN	8	2

Men's Physique -174 cm

No	Name	Club or country	Round 1		Round 2	
			Po	PI	Po	PI
62	Mohamed Aziz	SWEDEN	11	1	9	1
63	Jose Lucero	NORWAY	13	2	11	2
65	Shahin Daneshgari Nejad	SWEDEN	13	3	15	3
64	Josef Balevasi	SWEDEN	13	4	17	4
72	Viktor Berg Margrétarson	ICELAND	29	5	24	5
67	Martin L.K. Nielsen	DENMARK	34	6	30	6
69	Ivar Mikk	ESTONIA	36	7		7
71	Zaid Anaie	DENMARK	37	8		8
66	Sikandar Rafiq	DENMARK	39	9		9

Men's Physique -178 cm

No	Name	Club or country	Round 1		Round 2	
			Po	PI	Po	PI
70	Eduardo da Silva	NORWAY			9	1
74	Rasmus Vindt	DENMARK			11	2
73	Rasmus Christophersen	DENMARK			13	3
75	Joonas Leppänen	FINLAND			17	4

Men's Physique +178 cm

No	Name	Club or country	Round 1		Round 2	
			Po	PI	Po	PI
78	Waldemar Gustavsson Ek	SWEDEN			8	1
80	Jakob Dreyer	NORWAY			13	2
82	Daniel Nilsson	SWEDEN			14	3
79	Jonathan Hermansson	SWEDEN			20	4
81	Joachim Al Hauari	NORWAY			20	5

Men's Physique Overall

			Po	PI
62	Mohamed Aziz	SWEDEN	5	1
78	Waldemar Gustavsson Ek	SWEDEN	10	2
70	Eduardo da Silva	NORWAY	15	3

Bikini Fitness -163 cm

No	Name	Club or country	Round 1		Round 2	
			Po	Pl	Po	Pl
87	Charlotte Mentzoni	NORWAY	14	2	7	1
99	Veronica Nøttveit	NORWAY	11	1	12	2
95	Karoline Kjærnes	NORWAY	15	3	17	3
93	Emelie Söder	SWEDEN	16	4	19	4
108	Elisabeth Wangen	NORWAY	17	5	20	5
109	Linda Michelle Larsen	NORWAY	32	6	26	6
97	Sandra Solaric	SWEDEN	33	7		7
84	Natasha Tuver	DENMARK	41	8		8
90	Martine Sagen	NORWAY	42	9		9
89	Annabell Bønløkke	DENMARK	59	10		10
88	Helle Jacobsen	DENMARK	60	11		11
83	Victoria Sippus	FINLAND	61	12		12
86	Cecilia Ask	DENMARK	62	13		13
98	Michelle Brüggermann	DENMARK	62	14		14
94	Line Robenhagen	DENMARK	65	15		15
85	Lena Rødli	NORWAY	Out in eliminationround			16
91	Heidi Jormanainen	FINLAND	Out in eliminationround			16
96	Mette Nielsen	DENMARK	Out in eliminationround			16

Bikini Fitness -169 cm

No	Name	Club or country	Round 1		Round 2	
			Po	Pl	Po	Pl
106	Jenny Wallin	SWEDEN	7	1	6	1
104	Jessica Jonsson	SWEDEN	9	2	9	2
101	Lene Fossdal	NORWAY	16	3	18	3
112	Natasha Kallehave	DENMARK	22	4	21	4
131	Suzie Matthews	DENMARK	23	5	24	5
113	Grete Andreassen Bakken	NORWAY	37	6	26	6
105	Laura Pelkonen	FINLAND	42	7		7
102	Gerda Makuinaite	NORWAY	42	8		8
103	Kristin Kløve-Graue	NORWAY	43	9		9
100	Sine Püschl	DENMARK	44	10		10
107	Freja Mayland	DENMARK	44	11		11
92	Stine Reitz	DENMARK	59	12		12
110	Lena Sørensen	DENMARK	65	13		13
114	Britt Thorhauge	DENMARK	68	14		14

Bikini Fitness -172 cm

No	Name	Club or country	Round 1		Round 2	
			Po	Pl	Po	Pl
115	Natalie Ejsmont	NORWAY	7	1	6	1
120	Linnea Byström	SWEDEN	11	2	10	2
117	Kathrine Hadad	DENMARK	24	4	16	3
116	Laura Paavola	FINLAND	15	3	21	4
121	Line Madsen	DENMARK	25	6	23	5
118	Anne Pedersen	DENMARK	25	5	27	6
122	Silja Pihlaja	FINLAND	30	7		7

Bikini Fitness +172 cm			Round 1		Round 2	
No	Name	Club or country	Po	Pl	Po	Pl
125	Louise Camilla Hastrup	DENMARK	10	2	7	1
119	Josefine Achen	DENMARK	9	1	11	2
127	Jeanne Petersen	DENMARK	23	5	19	3
126	Mari Pukk	ESTONIA	19	3	20	4
124	Marie West	DENMARK	22	4	22	5
129	Christina Lind	DENMARK	28	6	29	6
123	Anna Gotha	DENMARK	31	7		7
128	Marlee Kruusimäe	ESTONIA	40	8		8

Bikini Fitness Overall			Po	Pl
115	Natalie Ejsmont	NORWAY	8	1
106	Jenny Wallin	SWEDEN	11	2
87	Charlotte Mentzoni	NORWAY	16	3
125	Louise Camilla Hastrup	DENMARK	16	4

Nordic Bodybuilding and Fitness Championships 2016 organized by Workout Empire, Söderhamn and Svenska Kroppskulturförbundet (Swedish Bodybuilding and Fitness Federation)

Headjudges: Per Sundström, SWE, Benny Fencker

Judges: Hasse Eriksson, SWE, Maria Eriksson, SWE, Petra Larsson, SWE, Arne Persson, SWE, Ulf Björnfort, SWE, Tone Opheim, NOR, Unni Bekkevold, NOR, Kim Torgersen, NOR, Palle West, DEN, Lars Milsten, DEN, Georg Gardarsson, ICE, Pauliina Kääräinen, FIN, Aino-Maija Laurila, FIN

Secretary: Eva Johansson, Kenneth Johansson

Conferencier: Homan Elfström