

RESULTAT SM 2016-10-01 Lördag

Sida 1

Plats: Aros Congress Center, Västerås Arrangör: SKKF

Sanktionerad av Svenska Kroppskulturförbundet

			Round 2		Round 3		TOTAL	
			Compulsory		Free posing		Total	Tot
No	Name	Club or country	Po	Pl	Po	Pl	points	plac
3	Semiran Dag	Body Science Elite Team, Göteborg	12	1	9	1	21	1
4	Elisabeth Ramirez	Team Gymgrossisten Butik, Göteborg	24	2	12	2	36	2
1	Marina Bergquist	Iron Stable Bodybuilding, Svenljunga	32	3	13	3	45	3
2	Alexa Levevik	Team Gumse Gym, Sollentuna	36	4	18	4	54	4
6	Felicia Aronsson	Delta Gym, Stockholm	40	5	24	5	64	5
5	Anna Kärnebo	MM Sports Team, Göteborg	60	6	30	6	90	6

			Round 2		Round 3		TOTAL	
			Compulsory		Free posing		Total	Tot
No	Name	Club or country	Po	Pl	Po	Pl	points	plac
12	Anna Lindquist	Team Proteinbutiken, Gävle	20	1	11	2	31	1
11	Angelica Enberg	Team Tyngre, Hammarbyhöjden, Sthlm	26	3	6	1	32	2
7	Anna Björkman-Wallin	Gnesta Gym, Gnesta	24	2	14	3	38	3
8	Madelen Nilsson	Team Fairing, Järfälla	34	4	18	4	52	4
9	Miriam Johansson	Team Aktiv, Finspång	50	5	25	5	75	5

			TOTAL	
			Total	Tot
No	Name	Club or country	points	plac
3	Semiran Dag	Body Science Elite Team, Göteborg	5	1
12	Anna Lindquist	Team Proteinbutiken, Gävle	10	2

			Round 1		Round 2	
			Po	Plac	Po	Plac
No	Name	Club or country	Po	Plac	Po	Plac
17	Shahin Daneshgari Nejad	Team Golden Physique, Göteborg	7	1	7	1
24	Mohamed Aziz	Team Power Gym, Eskilstuna	14	2	15	2
20	Josef Balevasi	BMR Sports Nutrition, Helsingborg	17	4	17	3
26	Yasser Akram	Team Ironhouse, Trollhättan	15	3	19	4
23	Per Robertsson	Team ShapebySharam, Alingsås	32	6	23	5
15	Marcus Udd	Team Gymgrossisten Butik, Göteborg	23	5	25	6
25	Hafed Duji	Nordic Shape, Sollentuna	39	7		7
14	Markus Svensson	MM Sports Team, Göteborg	39	8		8
27	Joakim Jackson	MM Sports Team, Göteborg	46	9		9
31	Ashkan Jalilian	Delta Gym, Stockholm	49	10		10
35	Kevin Caicedo Vega	Lynx Multisport Team, Mölndal	52	11		11
22	Daniel Silfver	Team Gymgrossisten Butik, Göteborg	60	12		12
19	Patrik Falkeborn	Håbo Atletklubb, Bålsta	66	13		13
33	Diego Reinoso	Team ITK Fitness, Stockholm	67	14		14

Men's Physique -182

Round 2

No	Name	Club or country	Po	Plac
34	Waldemar Gustavsson EK	Team Gymgrossisten Rising Stars, Stockholm	5	1
30	Adam Mittjas	Team Krafta, Grödinge	10	2
32	Simon Olsson	Team JF Athletes, Malmö	15	3
29	Daniel Eriksson	Team Black Madness, Hägersten	20	4

Men's Physique +182

Round 2

No	Name	Club or country	Po	Plac
39	Daniel Nilsson	Team JK Fitness, Hässleholm	6	1
40	Jonathan Hermansson	Team Shapebysharam, Alingsås	11	2
37	Joakim Svensson	Team Black Madness, Hägersten	14	3
38	Jussi Ojakangas	Team Fairing, Järfälla	19	4
36	Joseph Tekie	Team Hypernova, Kristinehamn	25	5

Men's Physique Overall

Po Plac

39	Daniel Nilsson	Team JK Fitness, Hässleholm	8	1
34	Waldemar Gustavsson EK	Team Gymgrossisten Rising Stars, Stockholm	11	2
17	Shahin Daneshgari Nejad	Team Golden Physique, Göteborg	12	3

Bodyfitness -158

Round 2

No	Name	Club or country	Po	Plac
44	Antonia Pesevski	Team Elit Nutrition, Malmö	5	1
41	Sandra Decker	Team Nordiskt Kosttillskott, Sundsvall	10	2
45	Martina Ellman	Team Diamond Fitness, Vaggeryd	17	3
43	Eva Sederholm	Team Gymgrossisten Butik, Göteborg	19	4
46	Jennifer Bahadori	Team Forever Fit by Better Bodies, Stockholm	24	5

Bodyfitness -163

Round 2

No	Name	Club or country	Po	Plac
49	Ida Bergfoth	Team Fast, Stockholm	5	1
48	Nina Peltomaa	Team Nutramino, Stockholm	11	2
47	Helena Mellberg	TC Strong by Sweden, Lidköping	13	3
52	Helena Movenius	Team Diamond Fitness, Vaggeryd	24	4
50	Bea G Nilsson	MM Sports Team, Göteborg	24	5
66	Therese Sandin	TC Strong by Sweden, Lidköping	27	6

Bodyfitness -168			Round 1		Round 2	
No	Name	Club or country	Po	Plac	Po	Plac
56	Jenny Söderström	Team Forever Fit by Better Bodies, Stockholm	9	1	7	1
64	Elin Eborn	Team Tyngre, Hammarbyhöjden	14	2	13	2
57	Ulrika Thunberg	Team Gymgrossisten Butik, Göteborg	16	3	17	3
62	Elinor Medhammar	Team Six Deuce, Helsingborg	17	5	17	4
69	Jannie Eriksson	Team Palmell, Hägersten	17	4	20	5
54	Frida Falldén	Tempo Training, Västerås	33	6	30	6
63	Rebecca Selvert	Team Gymgrossisten Butik, Göteborg	36	7		7
65	Inger Karlsson	Team Gymgrossisten Butik, Göteborg	41	8		8
68	Michelle Grolleman	Delta Gym, Stockholm	43	9		9
53	Sophie Liström	Team Edererathletes, Solna	52	10		10
70	Sara Anter	Tempo Training, Västerås	58	11		11
61	Maria Ahlberg	Team Better Bodies, Stockholm	59	12		12
58	Emma Rutholm	Växer Gym, Kalmar	63	13		13
60	Carola Törnestam	Ullis Fitness & Kroppsvård, Saltsjö-Boo	66	14		14
55	Maria Durante	Tempo Training, Västerås	72	15		15

Bodyfitness +168			Round 1		Round 2	
No	Name	Club or country	Po	Plac	Po	Plac
79	Marina Chamoun	Team Chamoun, Tranås	6	1	6	1
78	Therese Berglund	One More Rep, Umeå	16	3	13	2
76	Mariana Carlsson	Team Gymgrossisten Butik, Göteborg	15	2	17	3
77	Ellinor Svensson	JS Fit Forever Team, Bålsta	19	5	19	4
73	Helena Persson	Team Forever Fit by Better Bodies, Stockholm	18	4	20	5
71	Paolina Andersson	Team Ironworks, Sundsvall	29	6	28	6
75	Madelene Yourstone	Body Science Team, Göteborg	34	7		7
80	Carina Roeck Hansen	MM Sports Team, Göteborg	37	8		8

Bodyfitness Overall			Po	Plac
79	Marina Chamoun	Team Chamoun, Tranås	9	1
44	Antonia Pesevski	Team Elit Nutrition, Malmö	10	2
56	Jenny Söderström	Team Forever Fit by Better Bodies, Stockholm	11	3
49	Ida Bergfoth	Team Fast, Stockholm	20	4

Classic Bodybuilding -180			Round 1		Round 2		Round 3		TOTAL	
			Prejudging		Compulsory		Free posing		Total	Tot
No	Name	Club or country	Po	PI	Po	PI	Po	PI	points	plac
94	Rickard Hagman	Body Science Team, Göteborg	10	2	18	2	8	1	26	1
81	Aimen Hayoun	Nordic Shape, Sollentuna	9	1	18	1	10	2	28	2
95	Joar Fällmar	Team Better Bodies, Stockholm	19	4	34	3	13	3	47	3
87	Patrik Kursten	Waggeryds Atletklubb	15	3	34	4	21	4	55	4
97	Peter Eskilsson	JS Fit Forever Team, Bålsta	25	5	54	5	26	5	80	5
92	Jonas Lindén	Team Gymgrossisten Butik, Göteborg	33	6	54	5	27	6	81	6
89	Andreas Malm	AL Coaching, Jönköping	39	7						7
82	Kenneth Sund	MM Sports Team, Göteborg	40	8						8
88	Johan Lewinsson	Team Gymgrossisten Butik, Göteborg	44	9						9
93	Christian Swed	Nordic Shape, Sollentuna	46	10						10
85	Christoffer Sonesson	Team Gymgrossisten Butik, Göteborg	55	11						11

Classic Bodybuilding +180			Round 1		Round 2		Round 3		TOTAL	
			Prejudging		Compulsory		Free posing		Total	Tot
No	Name	Club or country	Po	PI	Po	PI	Po	PI	points	plac
101	Sam Mikaelsson	Team Golden Physique, Göteborg	6	1	14	1	5	1	19	1
110	Luqas Fogelberg	Team JF Athletes, Malmö	15	4	26	2	12	2	38	2
107	Robert Loforsen	Delta Gym, Stockholm	15	3	32	4	12	3	44	3
98	Joacim Wendel	Team ShapebySharam, Alingsås	14	2	30	3	21	4	51	4
102	Kristoffer Jonsson	MM Sports Team, Göteborg	25	5	50	5	25	5	75	5
111	Mathias Johansson	Team Gymgrossisten Butik, Gbg	30	6	60	6	30	6	90	6
99	Omar Hekmat	MM Sports Team, Göteborg	35	7						7
106	Robert Wåhlander	Body Science Team, Göteborg	39	8						8
108	Johannes Eshak	Team Gymgrossisten Butik, Gbg	46	9						9
109	Morgan Svanberg	Team Nutramino, Stockholm	49	10						10

Classic Bodybuilding Overall			Po	Plac
94	Rickard Hagman	Body Science Team, Göteborg	6	1
101	Sam Mikaelsson	Team Golden Physique, Göteborg	9	2

Bästa kvinnliga posör: Semiran Dag
SKKF-pokalen 2016: Arne Persson

SM i bodybuilding och fitness 2016 arrangerat av SKKF

Huvuddomare: Jörgen Nilsson, Rachid Misk

Domare: Dimitri Skarmutsos, Kenneth Willström Arne Persson, Nick Tessmo, Benny Fencker
 Georgia Theodoridou, Hasse Eriksson, Maria Eriksson, Clas Enstedt, Mikael Bergström

Sekretariat: Eva Johansson, Kenneth Johansson

Konferencier: Fredrik Age

RESULTAT SM 2016-10-02 Söndag

Sida 1

Plats: Aros Congress Center, Västerås Arrangör: SKKF

Sanktionerad av Svenska Kroppskulturförbundet

Bikini Fitness -163			Round 1		Round 2	
No	Name	Club or country	Po	Plac	Po	Plac
124	Rodika Bodrug	Olimp Team, Göteborg	5	1	5	1
116	Emelie Söder	Team Forever Fit by Better Bodies, Stockholm	17	3	16	2
113	Sandra Solaric	Team Better Bodies, Stockholm	10	2	17	3
117	Emma Ljungkvist	Team Fairing, Järfälla	20	4	17	4
119	Zabina Roos	Team Rise Above, Eskilstuna	20	5	18	5
121	Kristin Winnergård	Team Golden Physique, Göteborg	32	6	28	6
123	Maria Holm	Team Trifinity, Bomhus	35	7		7
122	Kamontip Jantaduang	Team Ironsport, Västerås	40	8		8
115	Zara Granberg	MM Sports Team, Göteborg	44	9		9
118	Therese Ranch	MM Sports Team, Göteborg	52	10		10
125	Elisabeta Masic	BMR Sports Nutrition, Helsingborg	53	11		11
114	Jeanette Karbelius	Team Fit Your Body, Lidingö	60	12		12
120	Pernilla Heljelid	Fitness by Sweden, Vetlanda	65	13		13

Bikini Fitness -166			Round 1		Round 2	
No	Name	Club or country	Po	Plac	Po	Plac
127	Jenny Wallin	BMR Sports Nutrition, Helsingborg	6	1	9	1
129	Jessica Jonsson	Team Workout Empire, Söderhamn	19	4	15	2
126	Louise Gynnerstedt	Team Alpha Omega, Sollentuna	14	2	15	3
135	Sara Kinnvik	Team Swedish Supplements, Partille	16	3	16	4
130	Rebecca Sundberg	Team Gymgrossisten Rising Stars, Stockholm	20	5	22	5
131	Malin Ekberg	Team Ironsport, Västerås	30	6	29	6
132	Cathrine Holst	BMR Sports Nutrition, Helsingborg	37	7		7
134	Linn Jönsson	Team Tillskottsbolaget, Halmstad	38	8		8

Bikini Fitness -169			Round 2	
No	Name	Club or country	Po	Plac
133	Zenna Gustafsson	Body Science Team, Göteborg	7	1
139	Therése Johansson	TeamaeT, Stockholm	10	2
136	Elin Lund	Team Fitness By Aspen, Halmstad	15	3
137	Julia Friberg	AL Coaching, Jönköping	17	4

Bikini Fitness +169			Round 1		Round 2	
No	Name	Club or country	Po	Plac	Po	Plac
146	Linnea Byström	Body Science Team, Göteborg	5	1	5	1
143	Emelie Hellberg	MM Sports Team, Göteborg	13	2	11	2
150	Amanda Larsson	BMR Sports Nutrition, Helsingborg	19	5	19	3
140	Angelina Lindgren	Team Forever Fit by Better Bodies, Stockholm	18	4	20	4
149	Ellen Nielsen	MM Sports Team, Göteborg	16	3	21	5
151	Marie Månsson	X-act Gym, Löddeköpinge	30		28	6
141	Camilla Gennel Rosén	TC Strong by Sweden, Lidköping	39	7		7
147	Caroline Samuelsson	Team Elit Nutrition, Malmö	41	8		8
144	Linda Andersson	MM Sports Team, Göteborg	42	9		9
145	Kristin Eriksson	Fitnessguru, Stockholm	49	10		10

Bikini Fitness Overall			Overall	
No	Name	Club or country	Po	Plac
124	Rodika Bodrug	Olimp Team, Göteborg	5	1
127	Jenny Wallin	BMR Sports Nutrition, Helsingborg	11	2
146	Linnea Byström	Body Science Team, Göteborg	16	3
133	Zenna Gustafsson	Body Science Team, Göteborg	19	4

Bodybuilding -70			Round 1		Round 2		Round 3		TOTAL	
No	Name	Club or country	Prejudging		Compulsory		Free posing		Total points	Tot plac
			Po	PI	Po	PI	Po	PI		
153	Ahmed Yassin	Delta Gym, Stockholm	12	3	20	1	11	1	31	1
161	Mohamed Lotfy Nilsson	Team Elit Nutrition, Malmö	10	1	22	2	13	3	35	2
154	Cezar Zulewski	MM Sports Team, Göteborg	12	2	26	3	12	2	38	3
152	Ghattas Alsaied	Team ShapebySharam, Alingsås	16	4	30	4	18	4	48	4
163	Oscar Edling	Body Science Team, Göteborg	25	5	50	5	29	6	79	5
156	Christoffer Myrsäter	MM Sports Team, Göteborg	30	6	60	6	24	5	84	6
162	Rawand Dalshad	Team JF Athletes, Malmö	35	7						7
158	Ibrahim Sifri	Team Fairing, Järfälla	40	8						8
160	Jan Linde	Team Ironsport, Västerås	45	9						9

Bodybuilding -80			Round 1		Round 2		Round 3		TOTAL	
No	Name	Club or country	Prejudging		Compulsory		Free posing		Total points	Tot plac
			Po	PI	Po	PI	Po	PI		
96	Patrik Kasra	Midland Active, Eskilstuna	9	2	16	2	6	1	22	1
166	Robin Persson	BodyStrong Fitness Europe, Östersund	6	1	14	1	9	2	23	2
164	Johan Ederer	BMR Sports Nutrition, Helsingborg	16	3	30	3	15	3	45	3
165	John Henricson	SN Top Team, Stockholm	20	4	40	4	20	4	60	4
167	Dennis Jönsson Näverberg	My Coach Athletes, Kungsbacka	25	5	50	5	26	5	76	5
159	Mikael Andersson	Team Tillskottsbolaget, Halmstad	32	6	60	6	28	6	88	6
168	Elmaz Varmaz	Team Gymgrossisten Butik, Göteborg	35	7						7
157	Aws Abu Ali	MM Sports Team, Göteborg	38	8						8

Bodybuilding Mixed Pairs			Round 2		Round 3		TOTAL	
			Compulsory		Free posing		Total	Tot
No	Name	Club or country	Po	PI	Po	PI	points	plac
186	Marina Bergquist/ Samuel Blomgren	Iron Stable Bodybuilding, Svenljunga	10	1	5	1	15	1
187	Maria Johansson/Reza Charlie	Nordic Shape, Sollentuna	26	3	10	2	36	2
188	Frida Falldén/ Patrik Strömme	Tempo Traing, Västerås/Team Ironsport, Västerås	24	2	16	3	40	3
189	Alexa Levevik/Mikael Gumse	Team Gumse Gym, Sollentuna	40	4	19	4	59	4

Bodybuilding -90			Round 2		Round 3		TOTAL	
			Compulsory		Free posing		Total	Tot
No	Name	Club or country	Po	PI	Po	PI	points	plac
172	Loqman Kaki	Team Ironworks, Sundsvall	16	2	5	1	21	1
173	Albin Eriksson	Team Swedish Supplements, Partille	14	1	11	2	25	2
171	Patrik Strömme	Team Ironsport, Västerås	30	3	14	3	44	3
174	Sebastian Dahlsten	MM Sports Team, Göteborg	40	4	19	4	59	4
175	Lelle Björklund	Delta Gym, Stockholm	50	5	25	5	75	5
100	Lennart Brandt	Delta Gym, Stockholm	60	6	30	6	90	6

Bodybuilding +90			Round 1		Round 2		Round 3		TOTAL	
			Prejudging		Compulsory		Free posing		Total	Tot
No	Name	Club or country	Po	PI	Po	PI	Po	PI	points	plac
182	Arne Lundell	Team Gymgrossisten Elite, Stockholm	6	1	10	1	5	1	15	1
184	Dennis Johansson	Team JK Fitness, Hässleholm	12	2	26	2	14	3	40	2
183	Lars Östling	Team XXXL-Sweden, Göteborg	17	3	32	3	13	2	45	3
178	Håkan Fagerström	Team Ironworks, Sundsvall	19	4	38	4	20	4	58	4
176	Jim Ivars	Bjurhovda Atletklubb, Västerås	22	5	44	5	22	5	66	5
112	Viktor Källberg	Team Swedish Supplements, Partille	31	6	60	6	30	6	90	6
179	Reza Charlie	Nordic Shape, Sollentuna	34	7						7
180	Alexander Salomonsson	Kraftcentralen, Markaryd	40	8						8

Bodybuilding Overall			Po	Plac
172	Loqman Kaki	Team Ironworks, Sundsvall	9	1
182	Arne Lundell	Team Gymgrossisten Elite, Stockholm	9	2
96	Patrik Kasra	Midland Active, Eskilstuna	12	3
153	Ahmed Yassin	Delta Gym, Stockholm	20	4

Bästa manliga posör: Rickard Hagman, Body Science Team, Göteborg
Malte Rellos Memorial Award: Rickard Hagman, Body Science Team, Göteborg
Kerstins Minne: Semiran Dag
SKKF:s jubileumsmedalj: Gunilla Söderberg, Yvonne Rosell, Ulf Larsson, Kennet Wiklund

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