

RESULTS

BY IFBB HIGHEST RANKED COMPETITION IN SWEDEN

SWEDEN
BODYBUILDING & FITNESS
GRAND PRIX

BE ONE OF THE PROUD

BODYBUILDING & FITNESS

MALMÖ

16TH OF APRIL
2016

STADIONMÄSSAN

SWEDEN GRAND PRIX 2016

April 16 2016. Stadionmässan, Malmö. Organizer: Team Powerlifting

Sanctioned by: Swedish Bodybuilding and Fitness Federation

Approved by: International Federation of Bodybuilding and Fitness



OFFICIAL CONTEST RESULTS

WOMEN'S PHYSIQUE

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	208	Lisbeth Grape	Team Gymgrossisten Butik	7	12	5	17
2	209	Semiran Dag	Eliteteam Bodysciense	14	24	11	35
3	204	Jeanette Johansson	Team Swedish Supplements	14	36	17	53
4	203	Betinna Virenfeldt	Denmark	18	34	19	53
5	206	Rosanna Scharin	Team Better Bodies	28	52	25	77
6	200	Malou Holmström	Team XXXL	24	52	29	81
7	205	Regina Strid	Musclezone	33			33

CLASSIC BODYBUILDING UP TO 180 CM

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	210	Johnny Grape	Team Tyngre	11	20	5	25
2	213	Patrik Kasra	Midland active	10	20	10	30
3	214	Ole Bak	Norway	16	32	18	50
4	220	Siim Savisaar	TÜ ASK	17	30	22	52
5	216	Calle Bolund	Team Tyngre	23	48	18	66
6	222	Nicodemus Nilsson	Nordic Sports Nutrition	34	60	28	88
7	211	Jimmie Carpman	Team Elit Nutrition	34			34
8	221	Johan Boström	Team Fitnessbutiken Alingsås	37			37
9	217	Peep Reinart	Sparta SK	46			46
10	219	Ahmad Seyar Jahani	Team Elit Nutrition	50			50
11	218	Richard Bjuvhage	Team Sisu Nutrition	55			55
12	224	Sebastian Andersson	Team MM Sports	60			60
13	223	Jan Linde	Team Ironsport	65			65
14	215	Tomas Jakobsson	Team Chamoun	75			75

CLASSIC BODYBUILDING OVER 180 CM

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	236	Fredrik Ström	Team Better Bodies		10	6	16
2	238	Henrik Kjellsson	Team Ironhouse		20	9	29
3	230	Pontus Kerstis	Bjurhovda Atletklubb		30	15	45
4	232	Rikard Zaar	Team Gumse Gym		42	23	65
5	226	Gerhard Marcher	Edererathletes		50	23	73
6	229	Torbjörn Swedin	Team Kasra		56	30	86

CLASSIC BODYBUILDING OVERALL

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	210	Johnny Grape	Team Tyngre				7
2	213	Patrik Kasra	Midland active				10
3	236	Fredrik Ström	Team Better Bodies				14
4	214	Ole Bak	Denmark				20
5	238	Henrik Kjellsson	Team Ironhouse				25
6	230	Pontus Kerstis	Bjurhovda Atletklubb				30

BODY FITNESS UP TO 163 CM

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	246	Therese Vilrik Bruun	Team Masskinen	7	6		6
2	245	Pia Jansson	Team Swedish Supplements	12	12		12
3	240	Carina Isaksson	Team Better Bodies	13	14		14
4	247	Alexandra Ljung	MM Sports Team	19	18		18
5	251	Mette Kragelund	Denmark	24	24		24
6	242	Mirjam Trujillo	Team MM Sports	34	30		30
7	249	Susse Hougaard	Denmark	35			35
8	241	Mette Daugaard	Denmark	42			42
9	252	Sarah Nordeke	Steel Nutrition	43			43
10	239	Elin Björkegren	AL Coaching	50			50
11	253	Anna Karlsson	TC strong by Sweden	53			53

BODY FITNESS UP TO 168 CM

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	262	Emma Melin	Delta Gym	8	7		7
2	260	Sanphuong Sam	Team Elit Nutrition	8	10		10
3	257	Tatiana Pudovkina	HC GYM	19	15		15
4	256	Therese Sandin	TC Strong by Sweden	18	22		22
5	261	Gea Taalvelt	Spa&Sport Spordiklubi	22	22		22
6	259	Jenni Torstensson	Team Musclezona	29	30		30
7	254	Emelie Hilm	Växer Gym Kalmar	35			35

BODY FITNESS OVER 168 CM

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	269	Maria Hasselmark	Team Better Bodies		5		5
2	266	Kathleen Franke	Team Bodyfight		10		10
3	272	Sofia Eklund	Team Get Prepared		15		15

BODY FITNESS OVERALL

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	269	Maria Hasselmark	Team Better Bodies			7
2	246	Therese Vilrik Bruun	Team Masskinen			8
3	245	Pia Jansson	Team Swedish Supplements			17
4	262	Emma Melin	Delta Gym			20
5	260	Sanphuong Sam	Team Elit Nutrition			25
6	266	Kathleen Franke	Team Bodyfight			30

MEN'S PHYSIQUE UP TO 178 CM

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	291	Redir Nerway	Delta Gym	7	7	7
2	295	Law Shala	Workout Empire	10	10	10
3	281	Nikola Rushiti	Workout Empire	20	18	18
4	282	Mohamed Hamad	Team Larsen physique	21	20	20
5	299	Daniel Djurdjevic	Workout Empire	20	20	20
6	284	Shahin Daneshgari Nejad	Team Golden physique	28	26	26
7	276	Alexander Ladsten	Norway	38		38
8	296	Atif Agic	Team Elit Nutrition	39		39
9	297	Per Robertsson	Team Shape by Sharam	40		40
10	278	Daniel Skowronski	Body Science Team	56		56
11	300	Ali Torkniman	Team Better Version	56		56
12	287	Leo Steen	Team Chamoun	61		61
13	286	Kert Kaljula	Sparta SK	63		63
14	280	Peter Kosarko	Slovakia	67		67
15	298	Issa Hussein	Denmark	68		68
	275	Tuomas Viitala	Team Ironhouse Gym			
	279	Marcoci Tazvan Florin	Romania			
	283	Henrik Otterström	MM Sports Team			
	285	Robert Silva	MM Sports Team			
	289	Hashim Youshaa	Denmark			
	292	Mohamed Ali	Team BMR Sport Nutrition			
	293	Henrik Vu	Team K.O. Store			
	294	Faizan Sakhi	Denmark			
	301	Adam Nyquist	Team Gymgrossisten Butik			
	302	Yosef Halim	MM Sports Team			

MEN'S PHYSIQUE UP TO 182 CM

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	311	Pierre Ericsson	Delta Gym	6	5	5
2	309	Aurélien Daudi	Team Svensk Sport Nutrition	11	11	11
3	303	Robin Olsson	Team Better Bodies	15	14	14
4	313	Kevin Vega	Lynx Multisport Team, Göteborg	18	17	17
5	308	Dusko Komso	Team Power Eskilstuna	26	26	26
6	306	Anders Toresson	Team MM Sports	30	28	28
7	312	Isak Netzler	Edererathletes	31		31
8	304	Anton Stenberg	TEAM K.O. Store	40		40

MEN'S PHYSIQUE OVER 182 CM

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	324	Aso Ramazani	Team Proteinbolaget	12	10	10
2	315	Marcus Grönroos	Team Tyngre	11	11	11
3	316	Jonas Barkman	Team Tillskottsbolaget	14	16	16
4	321	Daniel Nilsson	Hammer Team	19	16	16
5	330	Dino Cordic	Team MM Sports	19	24	24
6	325	Kuido Jõgisalu	Spa&Sport Pärnu	34	27	27
7	319	Jussi Ojakangas	Team Fairing	36		36
8	307	Peter Bendtsen	Denmark	39		39
9	329	Rafi Ohanes	Team ProteinExperten	41		41
10	326	Fredrik Hjert	Team MM Sports	50		50
11	320	Hans Hiiuväin	Fittest Klubi	56		56
12	323	Robert Cret	Team Gymkostbutiken	62		62
13	327	Christian Nissen	Team Musclezone	65		65
14	305	Edin Vidjen	Team Musclezone	68		68
15	328	Michael Hafström	Team Steel Nutrition	70		70

MEN'S PHYSIQUE OVERALL

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	291	Redir Nerway	Delta Gym			6
2	295	Law Shala	Workout Empire			12
3	311	Pierre Ericsson	Delta Gym			14
4	324	Aso Ramazani	Team Proteinbolaget			23
5	315	Marcus Grönroos	Team Tyngre			25
6	309	Aurélien Daudi	Team Svensk Sport Nutrition			26

BIKINI FITNESS UP TO 163 CM

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	371	Trine Rathlau	Denmark	9	6	6
2	385	Bettina Bach	Denmark	9	13	13
3	365	Karima Katja	Denmark	16	13	13
4	340	Emelie Söder	Team Forever Fit by Better Bodies	17	20	20
5	348	Anna Stålnacke	Team Tyngre	23	23	23
6	337	Anna Bogs Struglics	Team K.O. Store	33	30	30
7	350	Tina Berglund Stirling	Norway	35		35
8	342	Annelie Damberg	Team Gym Grossisten Butik	37		37
9	346	Amelie Claesson	Team Elit Nutrition	45		45
10	351	Elvira Grönkvist Nyberg	MM Sports Team	54		54
11	343	Sofia Forsberg	Team Ironsport	56		56
12	367	Julia Volz	Team Nordiskt Kosttillskott	56		56
13	344	Cecilia Sköld	Team MM Sports	64		64
14	333	Sarah Svensson	Team Exhale Gym	69		69
15	341	Carolina Rahm	Delta Gym	75		75

BIKINI FITNESS UP TO 166 CM

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	368	Frida Sjöström	Team Gymgrossisten Elite	5	5	5
2	366	Paulina Hermansson	One Day Crew	15	16	16
3	357	Emma Cederholm	Edererathletes	19	17	17
4	361	Jenny Hovenberg	Team K.O store	16	18	18
5	379	Zana Rohani	Team Elit Nutrition	20	19	19
6	369	Anna Bose	Lessebos Styrkeklubb	29	28	28
7	354	Camilla Just	Denmark	41		41
8	362	Zandra Dons	Denmark	41		41
9	370	Stine Reitz	Denmark	43		43
10	356	Kajsa Bengtsson	Team Golden Physique	44		44
11	363	Julia Andersson	Team Svensk Sport Nutrition	57		57
12	355	Anja Sørensen	Denmark	59		59
13	382	Nadja Nielsen	Team Elit Nutrition	67		67
14	352	Fabiola Bustos	Team Flex Sweden	68		68

BIKINI FITNESS UP TO 169 CM

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	413	Frida Paulsen Stern	Workout Empire	8	7	7
2	380	Andra Vagur	Spordikeskus Teras	14	13	13
3	404	Valeria Persina	Czech Republic	15	15	15
4	386	Julia Friberg	AL Coaching Jönköping	16	16	16
5	376	Kristina Narbutaitytė	Pegasas	23	24	24
6	377	Emma Johansson	Gladius Gym	36	28	28
7	393	Faye Corbett	Team Diamond Fitness	37		37
8	384	Agne Kiviselg	Spa&Sport Pärnu	38		38
9	374	Ene Tomingas	My Fitness	42		42
10	383	Weronica Liljeroth	Edererathletes	46		46
11	387	Marina Johansson	Team Kasra	61		61
12	392	Malin Embla Norrman	Eedererathletes	61		61
13	373	Jessica Holmström	Team Svensktkosttillskott	65		65
14	381	Adrienne Daudi	Team Svensk Sport Nutrition	65		65
15	390	Miriel Widerström	Örebro kraftsportsklubb	73		73

BIKINI FITNESS OVER 169 CM

PLACE	NO	NAME	CLUB	R1	R2	SCORE
1	397	Nathalie Buhl	Denmark	16	11	11
2	358	Ann Sofie Gustavsen	Denmark	21	17	17
3	399	Lee Sheldon Huggler	Team Gymgrossisten Butik	16	18	18
4	403	Johanna Sonesson	Team Scitec Nutrition	16	19	19
5	400	Diana Stankejeva	Lithuania	22	20	20
6	412	Linn Strand	Gladius Gym	18	21	21
7	407	Julie Speich	Denmark	36		36
8	395	Lina Kroon	TC strong by sweden	41		41
9	405	Tina Leinonen	Team MM Sports	43		43
10	408	Kirke Kirt	Estonia	48		48
11	410	Julia Falkman	Team Elit Nutrition	52		52
12	406	Josefin Jensen	XXXL Sweden	63		63
13	409	Michelle Korén	Team JF Athletes	68		68
14	389	Helen Randmets	Estonia	70		70
15	398	Mya Lindahl	Delta Gym	70		70
	394	Saynaz Mokhtari	Sweden			
	401	Michaela Svangren	Team Ironsport			
	402	Maria Regen	Team Svensk Sport Nutrition			

BIKINI FITNESS OVERALL

PLACE	NO	NAME	CLUB	R1	R2		SCORE
1	368	Frida Sjöström	Team Gymgrossisten Elite				9
2	413	Frida Paulsen Stern	Workout Empire				11
3	371	Trine Rathlau	Denmark				13
4	380	Andra Vagur	Spordikeskus Teras				22
5	397	Nathalie Buhl	Denmark				27
6	385	Bettina Bach	Denmark				28
7	358	Ann Sofie Gustavsen	Denmark				31
8	366	Paulina Hermansson	One Day Crew				36

BODYBUILDING UP TO 80 KG

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	420	Mats Ljung	MM Sports Team		10	6	16
2	416	Raigo Kuusnõmm	Estonia		26	9	35
3	422	Klaus Bjerg	Denmark		36	17	53
4	419	Vytautas Žylė	Oazis		34	27	61
5	417	Pierre Ågren	Team Power Eskilstuna		52	22	74
6	432	Saleem Wasi	Denmark		56	26	82

BODYBUILDING UP TO 90 KG

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	425	Ott Kiivikas	Estonia	5	10	5	15
2	430	Krzysztof Skryplonek	Poland	14	26	11	37
3	414	Fredrik Spång	Team Palmell	14	32	17	49
4	431	Daniel Alritzson	Team Proteinbolaget	17	32	17	49
5	424	Alaa Tillo	Team Just Fit	28	56	25	81
6	423	Samuel Blomgren	JK Fitness	28	54	28	82
7	427	Brian Bonde	Denmark	35			
8	421	Jonas Sleiman	Delta Gym	40			

BODYBUILDING OVER 90 KG

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	441	Ole Kristian Våga	Norway	5	10	7	17
2	443	Deividas Dubinas	Lithuania	15	26	14	40
3	426	Niro de la Rua	Team Gymgrossisten Elit	16	36	13	49
4	233	Mohamad Baker Aziz	Denmark	18	38	19	57
5	433	Markus Rinse	Team K.O. Store	21	48	29	77
6	434	Piotr Ševčenko	Lithuania	31	56	25	81
7	439	Jan Nordlund	JS Fit Forever Team	35			
8	235	Levente Tarkanyi	Slovakia	39			
9	446	Tobias Jonasson	AL coaching	46			
10	444	Kevin Koxha	Team Haningehälsostudio	49			
11	440	Martin Göransson	Team MM Sports	55			
12	435	Mikael Gumse	Team Gumse Gym	58			

BODYBUILDING OVERALL

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	441	Ole Kristian Våga	Norway				5
2	425	Ott Kiivikas	Estonia				10
3	430	Krzysztof Skryplonek	Poland				17
4	443	Deividas Dubinas	Lithuania				21
5	420	Mats Ljung	MM Sports Team				22
6	416	Raigo Kuusnõmm	Estonia				30

*All ties are broken using the Relative Placement method.

Ties in the "Final Score" are broken using the athlete's Final Round score.